



SUPPORT POLICIES FOR SPORT ACTIVITIES FOR ALL AT LOCAL LEVEL

**2nd European Sport for All Congress
Barcelona – 25th October 2008**

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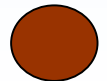
**Sports Area
Provincial Council of Barcelona**





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- **SPORT PROGRAMMES**





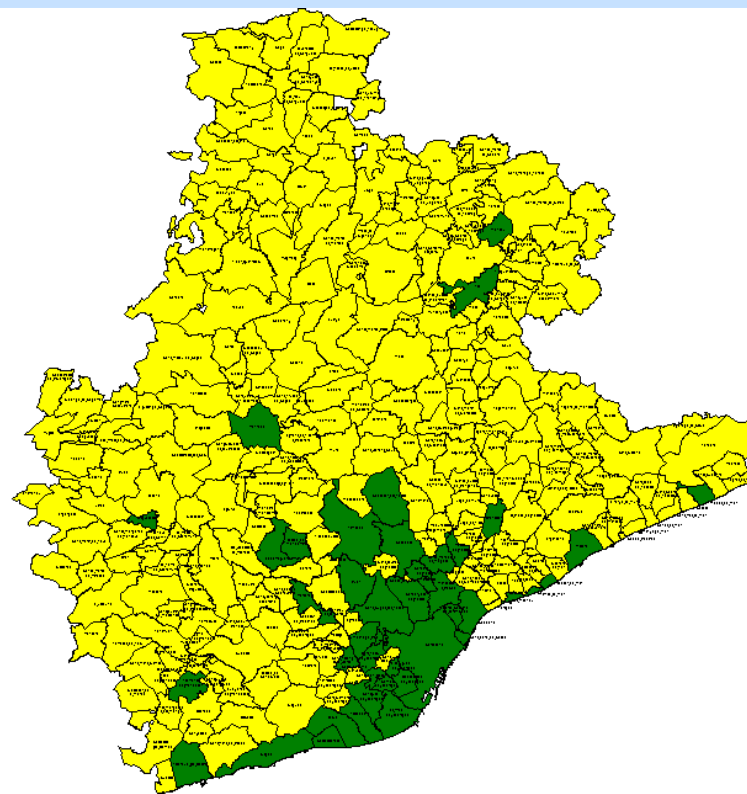
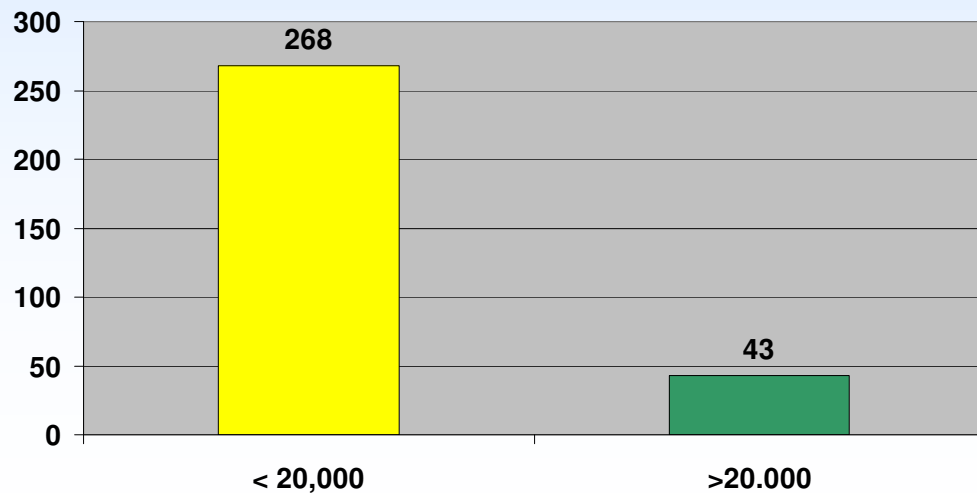
THE PROVINCE OF BARCELONA



	Area (km ²)	Population (inhabitants)
Barcelona province	7.719	5.309.404
Catalonia	32.113	7.134.697
Spain	505.992	46.063.511



311 municipalities





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The **Barcelona Provincial Council**:

is a local supramunicipal entity whose main mission is to offer assistance and cooperation to the town councils of the Province of Barcelona (311 municipalities and 5'3 million inhabitants).

The **Sports Area of the Provincial Council of Barcelona**:

seeks to improve **the citizens' quality of life** through three axes:

- The **promotion of sport at the municipalities** through the sport activities.
- The **sport facilities** that permit the implementation of the above mentioned sport activities.
- The **training and research** that allows the optimization of the implementation of the services given in the sport sector.



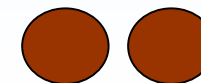
SPORTS AREA: STRATEGIC OBJECTIVES 2008-2011 IN THE FRAME OF THE SPORTIVE INVIGORATION

- To reinforce sport as a tool for the improvement of **health** and **wellbeing**.
- To promote the **educational values** and the **integrative character** of the sport, reinforcing **social cohesion**.
- To contribute to the **territorial balance** recognising the specificities of the small municipalities.



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The local sport programmes are the following:

- **Addressed to social groups according the age:**
 1. School age
 2. Youngsters
 3. Adult people
 4. Elderly people

- **Specific character programmes**
 5. Disabilities
 6. Intercultural society



PROGRAMME OF SPORT IN SCHOOL AGE

This programme is intended to support those actions addressed to the school age population, helping them to consider physical activity and sport as a tool to achieve an integral development, based on the completion of goals related to the education of values, health improvement and care for the environment, with the support of those agents that participate in the process: parents, referees, sport leaders and sport responsables in general.



MAIN ACTIONS:

- Recreational day
- Day about the values of sport



PROGRAMME OF SPORT FOR YOUNGSTERS

This programme is intended to support those activities and initiatives addressed to the youngsters promoting the continuity of sport practise and that contribute to avoiding the abandonment of sport practise in adolescence



MAIN ACTIONS:

- Courses to prevent risks behaviors to youngsters



PROGRAMME ADDRESSED TO ADULTS

This programme is intended to give tools to those adults that, even with the existing offer, have not been able to find the specific physical activity adapted to their needs to obtain healthy habits and a higher physical, psychological and social wellbeing, contributing in brief, to improving their quality of life.



MAIN ACTIONS:

- Advices to work seated
- Advices to work standing up



PROGRAMME ADDRESSED TO ELDERLY PEOPLE

This programme is intended to support, to participate and to invigorate proposals addressed to people who are older 60, that present the physical activity and the exercise in general, as a key tool for the improvement of health, the prevention of physical pathologies, helping the groups' cohesion and the interpersonal relations, in order to improve the quality of life for this social group.



MAIN ACTIONS:

- Cicle of walkings



PROGRAMME ADDRESSED TO PEOPLE WITH DISABILITIES

This programme is intended to reinforce and to give support to those activities or initiatives pursuing the integration and normalization of this social group through sport in order to improve their quality of life and transmit to the population the value of the difference/equality.



MAIN ACTIONS:

- Adapted sailing day
- Adapted riding day

PROGRAMME ADDRESSED TO INTERCULTURAL SOCIETY

This programme is intended to contribute to the building up of an intercultural society, with objectives addressed to give support, the opportunity to participate and to revitalize proposals in the area of physical activity, games and sport, with the main goal of achieving a new model of coexistence and social cohesion

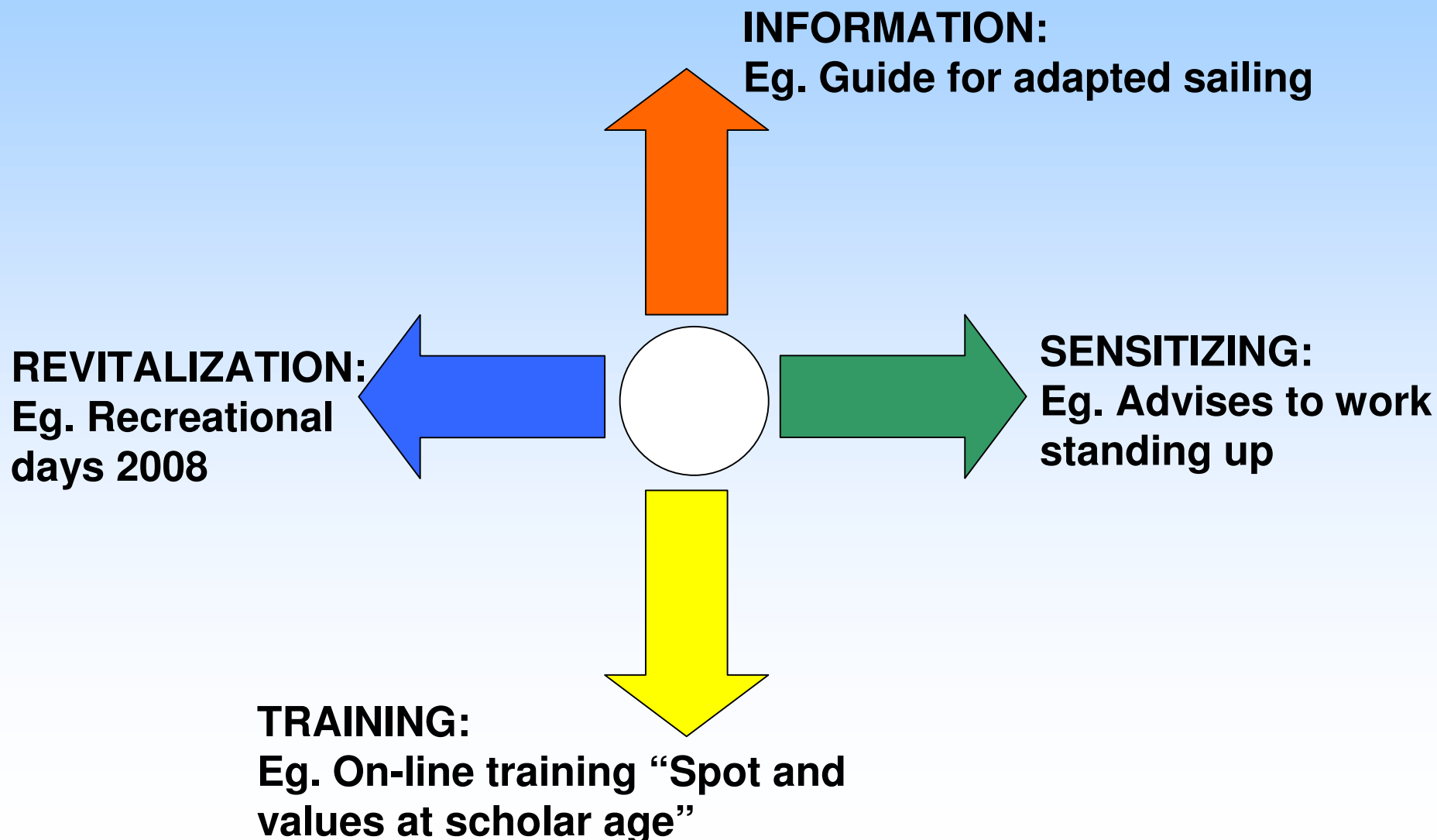


MAIN ACTIONS:

- Travelling exhibition “Games of the world”



In order to unify the concepts there are **four** proposed **axes** in each proposed programme:





SUBPROGRAMMES

The programmes are divided into subprogrammes.
Each subprogramme is characterised by a specific aspect:

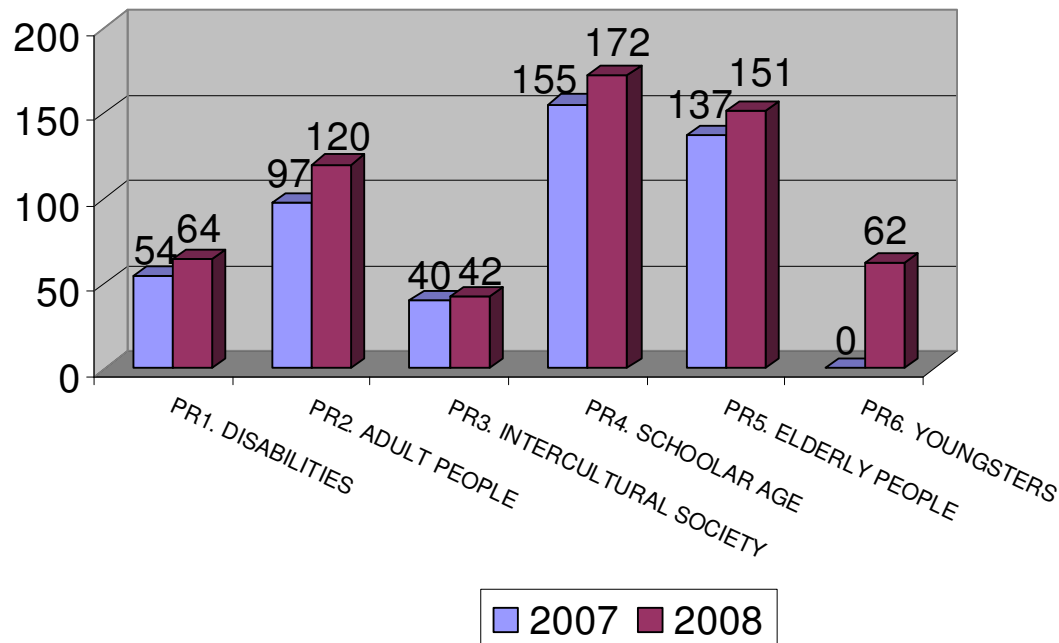
- Support to the implementation of sports activities at open spaces.
- Joining municipalities
- Practising in the sports facilities of other municipalities
- Support to those actions to promote the values through the physical activity and sport.
- Support to those municipalities that participates in a specific activities developed by the Sports Area.
-



RESULTS

- The number of municipalities that have received grants for sport programmes has grown significantly in 2008 (19,25%) with respect to 2007.
- The programmes with more demand are traditionally those addressed to social groups according to age.

MUNICIPALITIES OF THE PROVINCE THAT HAVE OBTAINED SUBSIDIES FOR SPORT PROGRAMMES

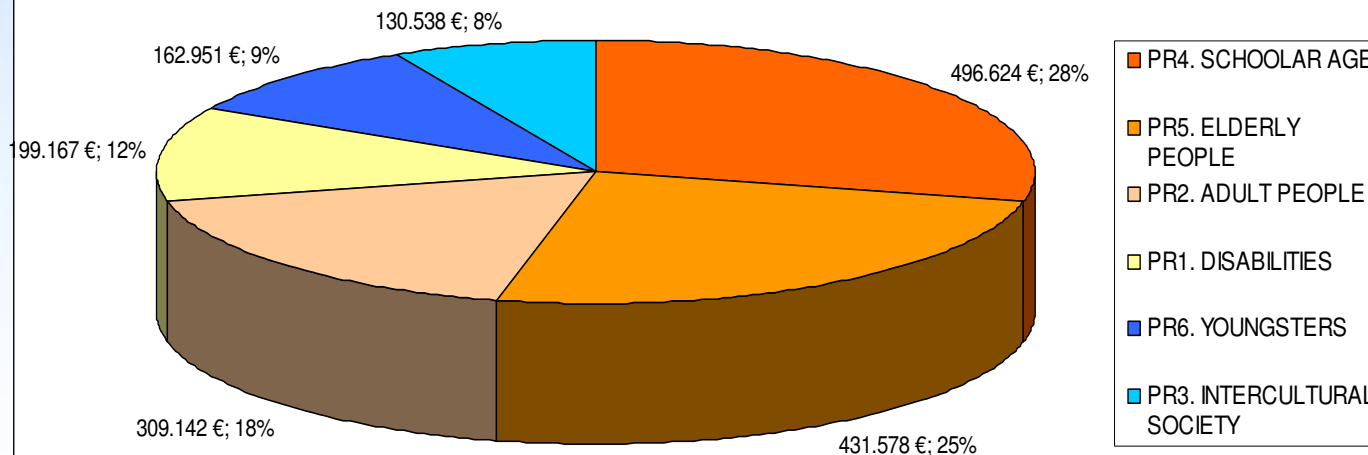




RESULTS

- Territorially, and according to demand, the subsidies have been mainly given to the municipalities of the metropolitan area, especially to those specific character programmes.
- The economic resources (euros per inhabitant and year) are higher in municipalities with less population, in respect to the bigger ones.

ECONOMIC RESOURCES DISTRIBUTED BY PROGRAMME



FUTURE CONSIDERATIONS

- To facilitate the implementation of the sport programmes (through the sensitizing and the training of the sport technicians), especially in the municipalities with less than 5000 inhabitants, with less volume of demand.
- To increase the economic resources to satisfy the increasing volume of the demand.
- To evaluate qualitatively the implementation of the programmes to find out the degree of satisfaction degree of the participants, measuring the benefits of the sport practise.





SPORTS AREA PROVINCIAL COUNCIL OF BARCELONA

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